



# THE MIDDLETON CENTER

*for pastoral care and counseling*

## The Middleton Center Practitioner



**Debra Sutton, Ph.D., M. Div.,** is a counselor, educator and Ordained Minister. In her therapeutic practice, Debra combines soulful creativity with spiritual insight. Bringing a holistic approach to her work, she blends psychotherapy with alternative models of spirituality and holistic health.

### **Specialties:**

Sexuality/Spirituality  
Women's issues  
Premarital/ Marriage counseling  
Family Therapy  
EDMR Certified  
Grief