



# THE MIDDLETON CENTER

*for pastoral care and counseling*

## The Middleton Center Practitioners



**Heather Swanson, MA**, earned a Master of Arts in Holistic Spirituality and Spiritual Direction from Chestnut Hill College and an MA in French Literature from Temple University. She has taught French language in a variety of school and university settings, and has served as medical interpreter to French-speaking immigrants. Heather brings expertise in rock climbing and alpine mountaineering, and a passion for integration of body, mind and spirit through contemplative outdoor experiences.