



# THE MIDDLETON CENTER

*for pastoral care and counseling*

## The Middleton Center Practitioners



The role of the therapist is to create a safe and supportive environment in which clients can face and work on life's challenges, which often occur at times of transition. **Susan Neumann Gordon** integrates various therapeutic modalities to help clients more openly and creatively explore issues of self-esteem, communication, conflict resolution, relationship building and couple and family dynamics. Trained in EMDR with an MBA in Human Resources, her areas of interest include individuals, couples and families in life transition, relationships between parents and adult children, couples conflict resolution and communication skills, veteran families, recovery from infidelity and betrayal and related issues of trust and loss, negotiating cultural/religious diversity, and conflict in the workplace.