

# REVEREND BETTY WRIGHT-RIGGINS

## CERTIFIED SPIRITUAL DIRECTOR



Reverend Betty Wright- Riggins is a graduate of Oasis Ministries for Spiritual Development. She now serves on their staff.

Betty is an ordained American Baptist Minister and holds a Masters of Divinity from Eastern Baptist Theological Seminary and Masters degrees in Education Administration and Speech Pathology from California State University, Los Angeles. Currently she is adjunct professor at Eastern University and Missio Seminary.

Betty describes a spiritual director as one who companions along side those who are seeking to discern the light of God's leading as they live out their daily lives.

She believes that spiritual formation practices are to encourage people as they embark along their unique spiritual journey.

As a former pastor, Betty understands the sacred space clergy occupy in the life of community and within the parish. She continues to facilitate clergy cohorts as well as spiritual formation and contemplative prayer groups for clergy and laity.

Betty brings to the gift of spiritual direction a sincere desire to be actively present and to listen underneath the words spoken by others.

